

COVID-19 COMMUNITY RESOURCES

Agency Name:	First and Last Name:	Email Address:	What supports are currently being provided?	What do supports look like in our current environment?	What is the current referral process?
BCSS	Rob Brooks	tcmanger@bcss.org	At the moment we are not able to provide face to face delivery of any of our programs but we continue to provide phone and video conference support to all our family members who have a loved one with mental illness. We are also looking at doing our first Family Support Group by video conference to see how this works. We will continue to explore the feasibility of providing more services online via video or phone as things progress.	Right now it is mainly phone support	Call 1-888-888-0029 for the Provincial Central number and our local educators in Kamloops can be reached at 250-319-7667 for Lisa Daily and 250-571-6955 for Rosanne Nelson.
Boys and Girls Club of Kamloops	Traci Anderson	exdir@bgckamloops.com	<ul style="list-style-type: none"> •Power Start Program: We will be offering drop off breakfasts to all our Power Start families at the four north shore schools, 3 days per week Monday, Weds, Fri - This has begun as of last Friday we currently have 75 kids on the list. •Licensed Child Care: we are open at John Tod Centre Mon-Friday for Infant/toddler, 3-5 and School aged group care – all care is offered for essential service workers – they don't have to be currently registered or a member to access. School aged is registered weekly, but parents only pay for days used, it is open to the community. We are maintaining smaller groups and have a lot of safety protocols in place. First Steps program is still available for care once we know what the mom's schedules look like for school. We are also looking a virtual programming opportunities for school aged kids who are at home. •Youth Services: we have our Youth Leader and Life Skills worker onsite Mon-Fri 12-4 to support any essential needs for youth – connection to services, resources, food hampers, hygiene products, housing, etc. We can only have 2 youth in the centre at one time. On Wednesday and Friday nights we are offering a Grab and Go dinner from 5-6pm for any youth under age 24 in the community. We will also deliver food in cases where transportation is a barrier. We are currently seeing a need for approximately 15 hampers a week for youth. Lead Up program is also going online to do some programming for youth to learn about career prep etc.- just determining the need for this right now. •Family Programs: we are currently offering a Grab and Go dinner for Friday Family Night and we are looking at ways to bring our parenting programs online to be offered virtually. 	We have space available for essential service workers for child care 0-12 years. Youth programs are always accessible and free. Family meals are free but we are seeing a very high demand, we open sign-up and they are filled within a few hours. Depending on funding we may be able to offer more meals through out the week. We've centralized all out of school programs to John Tod centre, where all other programs mentioned above are located. We are available to support families who are required to work or families who are vulnerable. If you have any questions or see away that we can support schools please let us know.	There is no referral process, families can access information on our website www.bgckamloops.com or by calling 250-554-5437 between 8 a.m.- 4 p.m. or through social media pages.
Child and Youth Mental Health (South Shore)	Rebecca Cain	Rebecca.Cain@gov.bc.ca	CYMH clinicians are still working with their caseload clients but connecting with them via phone or Skype instead of face-to-face appointments. Our intake clinic continues to run on Tuesdays and Thursdays, but appointments are over the phone. Families looking to access intake should call during this time at 250-371-3648 and leave a message for Sean (intake clinician) who will set up an appointment to complete the intake by phone. Only one clinician is currently working out of the CYMH office at a time with all other staff working remotely, but is available for Urgent Response calls, as normal. If a school counsellor completes an SRSIS and requires a child or youth to be assessed by CYMH, in consultation with Urgent Response clinician, client will still be seen if required.	Similar to before, but done virtually or over the phone as much as possible.	Same as before. Families can self-refer to intake clinic and will be referred to community resources and/or placed on CYMH waitlist for services based on priority of need.

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Kamloops Sexual Assault Counselling Centre (KSACC)	Heidi Holst	heidi@ksacc.ca	One to one support over the phone, crisis management, information and resource referrals.	Our office is currently staffed but closed to the public. Phone sessions are offered to existing clients. New clients are put on a wait list and will be assessed when the centre reopens. The DV/SART (domestic violence/sexual assault response team) crisis line is open to the larger community. We provide crisis management, safety planning, information, resource referrals and support over the phone to victims of recent domestic and sexual violence who are 13 years or older. Visit our website (www.ksacc.ca) or facebook page for ongoing updates and information/ resources.	Open referral.
Kamloops Community YMCA-YWCA	Jenna Nickle	jenna.nickle@kamloopsy.ca	Free counselling, free group counselling, and free social emotional regulation groups for young people ages 8-12, 13-18, and 18-30 years old. Additionally we are putting out free resources including live mindfulness minutes, youtube mindfulness videos and activities to use at home. (See attached pamphlet)	Services are currently being provided through one to one or group zoom calls. Additional free resources are being put out on our social media channels and youtube channel.	Referrals are taken via phone or email. 250-319-6648, 250-376-4771 ext. 122 or mentalwellness@kamloopsy.ca
Kamloops YMCA-YWCA - VAWISS Department	Jacquie Brand	jacquie.brand@kamloopsy.ca	Our PEACE Program (child & youth counselling for children who have experience violence) is working remotely with current clients and may be available for consults. Our Stopping the Violence Outreach worker is working with women with families that need support via phone/video chat. The Y Women's Emergency Shelter is doing intakes for families who are fleeing immediate violence (ie perpetrator is in the house) but can also offer safety planning over the phone.	As mentioned above, PEACE and STV Outreach are working remotely only (phone, zoom, skype, video chats). The Shelter is not open for drop in support; however, we are staffed 24/7 and always answer phones. If a family came in to the Shelter at this point, they would be thoroughly briefed on the new protocols that are minimizing the risk for everyone staying with us (and for staff). We are doing face to face support for women in the shelter, practicing social distancing, as well as a max amount of 2 people per room at any given time.	For PEACE call 250-376-7800. For Outreach call 250-320-3110. For the Y Women's Emergency Shelter call 250-374-6162 or text 250-682-7931
Lii Michif Otipmisiwak Community and Family Services	Nicole Mercado	nicole.mercado@gov.bc.ca	Child and Youth Mental Health	Telephone, skype, telehealth, online connections/resources	We are still accepting referrals if they are throughout our agency and completing intake via phone.
Lii Michif Otipmisiwak Community and Family Services	Leona Larson	ascd@lmofcs.ca	Our office is closed, with the exception of child protection emergencies. Most of our support staff are available via telephone, email, zoom or Facebook. We are providing general check in and supports as needed. We are offering, parenting supports, perinatal supports and check ins, and family support services. Our youth team, is also providing check in supports to vulnerable youth.	Phone, text, email, Zoom, Facebook	Same as before, call the office, email or fill out referral form
MCFD	Kerri Petrie	Kerri.Petrie@gov.bc.ca	CYMH / IPC teams are still providing services to children, youth and families. We are also still supporting our community partners, having integrated case management meetings etc. We have about 2 clinicians on site daily and the rest are rotating working from home. Despite being at home, clinicians are still able to provide virtual support by means of Skype business, email or telephone. We are not doing any face to face sessions, unless, a client presents as urgent.	Although we are not doing face to face sessions at this time, there are about 2 clinicians on site daily to support intakes and urgent responses. Clinicians, whether in the office, or working from home, are still available virtually via email, Skype for business, or cell phone.	Clinicians can be reached via email or their work cell numbers.
Safe Spaces	Cait	sspaces@interiorcommunityservices.bc.ca	Remote support to youth in the 2SLGBTQ+ community and their allies between the ages of 12-26. Youth can reach out via email, text, call, Facebook messenger for 1:1 support. We are starting up some weekly video/call group chats to keep connection and community.	Email, text, call, Facebook messenger for 1:1 support. Video chats through Facebook messenger	No referral is required. Call or text 250-371-3086