

BROCKLEHURST MIDDLE SCHOOL

MEALS PROGRAM PERMISSION FORM September 28 – October 30, 2020 MENU

Student Name _____ Grade _____

Parent / Guardian Signature _____ Amount Enclosed _____

**SIGN and RETURN no later than SEPTEMBER 23, 2020
to ensure your order**

DAY	DATE	LUNCH	SNACK	Check Selections
Mon	28	PRO-D – No school		
Tue	29	Homemade Cheese Pizza	Fruit Cup	
Wed	30	Chicken Caesar Salad	Apple Wedges	
Thur	1	Egg Salad Sandwich	Carrot & Melon Slices	
Fri	2	Baked Chicken Breast Strips & Dip	Fresh Fruit & Veggies	
Mon	5	Pizza Cheese Bagel	Cauliflower/Grapes	
Tue	6	Teriyaki Chicken Stir-fry over Rice - HOT	Apple Sauce	
Wed	7	Chicken & Veggie Quesadilla	Cucumber/Orange Wedges	
Thur	8	Macaroni & Veggie Pasta Salad	Melon Slice	
Fri	9	BBQ Meatballs & Veggie over Rice - HOT	Fresh Fruit	
Mon	12	Thanksgiving – No School		
Tue	13	Cheddar Cheese Perogies	Veggie/Apple Sauce	
Wed	14	Chicken Breast Burger	Carrots/Honeydew Melon	
Thur	15	Caesar Salad topped with diced Chicken Breast	Apple Wedges	
Fri	16	Spaghetti & Meat Sauce - HOT	Fresh Fruit & Veggies	
Mon	19	Homemade Cheese Pizza	Carrots/Applesauce	
Tue	20	Mexican Chicken & Veggie Burrito	Fruit Cup	
Wed	21	Roast Turkey & Cheese Sub	Fresh Fruit & Veggie	
Thur	22	Chefs Salad-turkey,egg,cucumber,tomato,lettuce,dressing	Melon Slice	
Fri	23	PRO-D – No School	Orange Wedges	
Mon	26	Pizza Pretzel with Mozza Cheese & Tomato Sauce	Carrots/Grapes	
Tue	27	Cheeseburger - hot	Yogurt Tube	
Wed	28	Baked Chicken Breast Strips & Dip	Fresh Fruit & Veggie	
Thur	29	Cheese & Crackers with Veggies & Dip	Orange Wedges	
Fri	30	Chicken Chow Mein	Fresh Fruit & Veggie	

All of the above

All meals served on or with whole wheat products

The price is \$4.00 per meal. Cash/cheques only. Please contact Mr. Horton if financial arrangements need to be made
Any questions about the meals program please contact the school at 250 376-1232